

# Topic: Life in Christ

Family Small Group for Confirmation Week 4 (October 2nd, 2022)

## Parent Resources

These resources are used in the lesson in some way. Parents, consider reading them before doing the lesson with your student. Otherwise, read them within the lesson with your student when directed to do so.

### Catechism Readings:

- *Catechism for Adults*, Chapter 23, 24
  - Jesus the Teacher (pg. 307-309)

### Confirmed in the Spirit:

- Scripture and You (pg. 38)
- Called to Be Free (pg. 39-40)

Article: [Victory over Spiritual Warfare](#)

### 1. Opening Prayer (read together)

#### Beatitudes

Blessed are the poor in spirit,  
for theirs is the kingdom of heaven.

Blessed are they who mourn,  
for they will be comforted.

Blessed are the meek,  
for they will inherit the land.

Blessed are they who hunger and thirst  
for righteousness, for they will be satisfied.

Blessed are the merciful,  
for they will be shown mercy.

Blessed are they clean of heart [or pure of heart],  
for they will see God.

Blessed are the peacemakers,  
for they will be called children of God.

Blessed are they who are persecuted for the sake of  
righteousness,

for theirs is the kingdom of heaven.

Blessed are you when they insult you and persecute you  
and utter every kind of evil against you [falsely] because of  
me. Rejoice and be glad, for your reward will be great in  
heaven. [Mt. 5:3-12]

### 2. Personal Connection

**Parents-** Reflect on then discuss the following:

When do you feel the most attuned or connected  
to Christ? What are you doing in those moments  
and how can you cultivate that feeling?

**After sharing, ask your student:**

Why is it important for Catholic families to be  
Christ-centric (Christ-centered)? What can we do  
as a family to make Jesus more central to our  
family?

### 3. Activity

#### Match the Beatitudes

Match each of the Beatitudes with someone (a saint/famous person/someone you know) who exemplifies  
that virtue. Be sure to explain your choice. OPTION 1: Do this as a family! OPTION 2: Divide up the  
Beatitudes and match them individually then share who you matched each Beatitude with and why.

Blessed are the **poor in spirit**, —St. Augustine  
for theirs is the kingdom of heaven. (gave up wealth to  
follow Jesus)

Blessed are **they clean of heart**,  
for they will see God.

Blessed are **they who mourn**,  
for they will be comforted.

Blessed are **the peacemakers**,  
for they will be called children of God.

Blessed are **the meek**,  
for they will inherit the land.

Blessed are **they who are persecuted for the sake of  
righteousness**,  
for theirs is the kingdom of heaven.

Blessed are **they who hunger and thirst**  
for righteousness, for they will be satisfied.

Blessed are **you when they insult you and persecute  
you and utter every kind of evil against you because  
of me**. Rejoice and be glad, for your reward will be great  
in heaven.

Blessed are **the merciful**,  
for they will be shown mercy.

#### **4. Discussion Questions** (writing down answers prior to discussion may encourage deeper conversations)

1. Read 'Jesus the Teacher' (Catechism for Adults pg. 307-309). In the Gospel of Matthew, Jesus teaches a young man about what it takes to gain eternal life. What does Jesus say we must do to earn treasure in heaven?
2. Finish this phrase: "These \_\_\_\_\_ are taught by \_\_\_\_\_ as the foundation for a life of authentic Christian discipleship and the attainment of \_\_\_\_\_ ... Jesus taught that \_\_\_\_\_ is at the heart of all law (pg. 308-309)."
3. How can you live out the Beatitudes in your own life?
4. Read the article. [Victory over Spiritual Warfare](#). The article claims that "on our Christian journey to do good and avoid evil, the crux of our mission is to walk with Christ." Using the four things listed in the article as your guide, what four concrete things can you do to more intentionally walk with Christ? Write them down in your Confirmation notebook.
5. Read 'Scripture and You,' 'Called to be Free,' and 'Conscious: Where we Hear God Speak' (Confirmed in the Spirit pg. 38-40). Think about everything you've learned and read about the Beatitudes. How can following God's law and the Beatitudes bring you happiness?

#### **5. Closing**

##### **Sunday Sanctuary Lesson Reflection:**

What moved you the most from Fr. Tilley's talk?  
What did you learn about healing the wounds caused by original sin?

##### **End in Prayer:**

As a family, discuss your current prayer intentions and take a moment to pray together.