

# Topic: Receive the Holy Spirit

Family Small Group for Confirmation Week 15/16 (February 6th, 2022)

## Parent Resources

**These resources are used in the lesson in some way. Parents, consider reading them before doing the lesson with your student. Otherwise, read them within the lesson with your student when directed to do so.**

**Catechism Readings:** Chapter 9

- bulleted list pg. 106

**Confirmed in the Spirit:**

Unwrapping the Gifts of the Holy Spirit pg. 53-56

**Life Teen Resources:**

Article: [I Didn't Feel Anything](#)

**Optional Readings:**

[Is Organized Religion really Terrible?](#)

### 1. Opening Prayer (read together)

Come, Holy Spirit, fill the hearts of your faithful.  
And kindle in them the fire of your love.  
Send forth your Spirit and they shall be created.  
And you shall renew the face of the earth.  
Let us pray.  
Lord, by the light of the Holy Spirit you have taught  
the hearts of your faithful.  
In the same Spirit, help us to know what is truly right  
and always to rejoice in your consolation.  
We ask this through Christ, Our Lord. Amen.

### 2. Personal Connection

**Parents-** Reflect on then discuss the following:

What do you recall about your Confirmation? Why are you excited about your student receiving their Confirmation?

**After sharing, ask your student:**

How do you feel about your upcoming Confirmation? What could you and/or your family do to help you spiritually prepare for your Confirmation?

### 3. Activity

**Draw it Out** (you need a piece of paper and pencil for each family member)

Have everyone in the family draw a picture of the Holy Spirit. Then, discuss your drawings, especially what made them similar and what made them different.

**Bonus!** Look up an icon of the Holy Spirit and compare your art to what you find online.

### 4. Discussion Questions (writing down answers prior to discussion may encourage deeper conversations)

1. Read the eight ways the Holy Spirit provides us with an experience of God (listed on pg. 106 of the Catechism for Adults). In which of the eight ways have you experienced the Holy Spirit? What ways are you willing to try?
2. How is the Holy Spirit depicted in the Bible? (Look to Catechism for Adults pg. 107 item #2 if you get stuck)
3. The four marks of the Church are one, holy, catholic, and apostolic. How is the Holy Spirit present in any of these marks? (HINT: Think of the Holy Trinity, Pentecost, and Matthew 28:19 "Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit")
4. Read *Confirmed in the Spirit* pg. 53-56, Unwrapping the Gifts of the Holy Spirit. Four of the Gifts help you \_\_\_\_\_ God's Will and three of the gifts help you \_\_\_\_\_ God's Will (pg. 53). Which gifts fall into which category?
5. Which of the seven gifts do you feel you most need in your life? Why is that?
6. Read the Life Teen Article, "I didn't Feel Anything" and discuss what the author suggests you can try to encourage and grow your faith life. What ideas are you willing to explore?

### **5. Closing**

As a family, discuss your current prayer intentions and take a moment to pray together.