

**SESSION TWO: COMMUNION AND COMMUNITY**

10 minutes **Welcome/Opening Prayer:** Session Leader

20 minutes **Icebreaker**:

How did you do with the Discipleship habit you focused on from last

week?

What is your experience with “community” and what makes a

community healthy?

25 minutes **Session One Formation**: Talk on Communion and Community

30 minutes **Small Group Discussion:**

1. What struck you most in the talk?
2. How do you experience true communion (with God or others) in your life?
3. Where do you have Christian community in your life and where are you lacking it and need it?
4. Which feminine pitfall do you fall into?

10 minutes **Putting Into Practice**: (share with your group)

1. How can your group be a community outside of “small group time.”
2. What is one concrete step you can take this week to grow in communion or community? (If you need community, how can you reach out to someone. If you need to work on a pitfall, what can you do.)

5 minutes **Small Group Prayer Intentions**

5 minutes **Closing Prayer**