



SESSION ONE: DISCIPLESHIP 101

- 10 minutes **Welcome/Opening Prayer:** Session Leader
- 20 minutes **Icebreaker:**
- Life story: name, family, vocation, years at parish.
 - Greatest blessing and challenge in a post-pandemic world.
 - How would you know a disciple of Jesus if you met one on the street?
- 25 minutes **Session One Formation:** Video on Discipleship
- 30 minutes **Small Group Discussion:**
1. What struck you most about the talk?
 2. Why is it so challenging to be a disciple?
 3. Who witnesses discipleship in your life (can be from Scripture or the communion of saints too).
 4. What are some small ways you can grow as a disciple in your own life.
- 10 minutes **Putting Into Practice:** (share with your group)
1. Pick an accountability partner who you will check in with this week.
 2. What is one concrete thing you can do to grow in one of the three habits of Discipleship?
 - 3.
- 5 minutes **Small Group Prayer Intentions**
- 5 minutes **Closing Prayer**