

PREPARING FOR 1ST COMMUNION AT HOME



ENSURE CHILDREN:

- Review the **Kerygma** - the basic framework of our Faith. Listen to the [Kerygma Song for Children](#)
- Create a **Prayer Space** - how to set up a [Prayer Table](#)
- **Go to confession** - children should go to confession again before receiving their First Communion

PARENTS, DO THE FOLLOWING WITH YOUR CHILDREN:

- View the video [The Eucharist for Little Children](#) on the Mass and the Eucharist
 - Discuss 4 new things you learned
 - Draw a picture showing your understanding of the Mass and/or the Eucharist
- Explore **Dynamic Catholic's First Communion Program** - [Blessed](#)
 - Download the student guide and read Sessions 4 & 5, including the activities
 - AND/OR view the following short videos:
 - [Session 4: 2-7](#)
 - [Session 5: 3-7](#)
 - Discuss, write down and/or draw the main point of each video
 - NOTE: you are invited to do all the Blessed lessons and view all videos
- Practice Receiving Communion
 - Check out #4 in [5 Ways for Parents to Prepare Children for First Holy Communion at Home](#)
 - Use [Parents' Guide to Practicing Receiving Communion at Home](#) when you practice receiving at home with your children

FAMILIES ARE TO:

- Participate in Mass - go to [olgcp parish.net](#), [aod.org/livemasses](#), or [mass-online.org](#) for all live-streamed masses
- Make a Daily Spiritual Communion - [Prayer for Spiritual Communion](#)

SUPPLEMENTAL RESOURCE FOR PARENTS:

- Understand the Eucharist - please read [Three Ways to Teach Children about the Eucharist](#)

Strengthen your supply lines through the **SACRAMENTS.**

STAND FIRM IN THE FAITH, BE COURAGEOUS. (1 COR 16:13)