

**LIFT GROUPS**

**Authentic Sisterhood**

***For as in one body we have many members,***

***and not all the members have the same function,***

***so we, who are many, are one body in Christ,***

***and individually we are members one of another.***

***Romans 12: 4-5***

1. **Secular Friendships**
   1. What I have in common with you
   2. Our spouses/children get along
   3. Enjoy Spending Time with You
2. **Negative Pitfalls of Secular Friendship**
   1. Comparison
   2. Jealousy/Envy
   3. Gossip
3. **Christian Sisterhood**
   1. Primary Knowledge of Other’s Dignity as Sister and Daughter of a King
   2. Highest Aim is to Help our Sister get to Heaven to Spend Eternity with Her Lord
4. **How We Do This**
   1. Modeling Virtue
      1. Theological: Faith, Hope and Love
      2. Holy Spirit’s Fruits
   2. Calling One Another On to Holiness
   3. Bringing the Other to Jesus
   4. Finding commonality in pursuing a “Life in Christ”
   5. Vulnerability with Each Other

**Passages for Prayer**

Mark 2: 1 – 12: Healing of the Paralytic

Luke 1: 39 – 45: The Visitation

*Oh, as you so well said, the friendship we have is no ordinary friendship; it’s a friendship between souls. It was God who united our souls, and it is God who helps you to understand so many things that are incomprehensible to others, because, as I’ve said many times, He chose your soul. He loves you with a special love, and don’t forget that He expects a great deal from you because He has given you a great deal. He wants us to help each other become saints, and that’s why He made our souls in sympathy.*

*Sister Marie of the Eucharist*