

**SESSION FOUR: AUTHENTIC FRIENDSHIP**

10 minutes **Welcome/Opening Prayer:** Session Leader

20 minutes **Icebreaker**:

Did you have any experience this past week in praying out loud or

with others?

What have been your experience of feminine friendship.

Would you consider these relationships to be authentic? Why or

why not?

30 minutes **Session One Formation**: Talk Authentic Friendship

30 minutes **Small Group Discussion:**

1. Do you see any distinctions between secular and Christian friendships in your own life?
2. Are you able to be vulnerable with the women in your life? If not, how do you think the Lord wants you to grow in this area?
3. When a sister approaches you seeking comfort or counsel, how can you respond to her in a way that’s trustworthy and supportive?
4. What’s the number one takeaway for you from this session?

20 minutes **Putting Into Practice**: (share with your group)

 What one area in your life do you need a sister in Christ to speak

into.

**Challenge**: Reach out to a sister from your small group this week

to report how it’s going.

10 minutes **Closing Prayer**

See if anyone in your groups need prayer. Pray with that person.

Pray for your intentions for the week.